

# Shanti Yoga Drop-in Schedule January 2012

303 Hawkins Street, phone: 456-7123 web: [www.shantiyogayukon.ca](http://www.shantiyogayukon.ca)

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
6:15-8:00am							
6:30 -8:00am	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels		
10:00-11:30am						Drop-in All Levels	
12:15-1:00pm Lunch Yoga	Lunch Yoga Drop-in All Levels	Lunch Yoga Drop-in All Levels	Lunch Yoga Drop-in All Levels	Lunch Yoga Drop-in All Levels	Lunch Yoga Drop-in All Levels		
5:15-7:00pm							
5:30-7:00pm	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels		Meditation Satsang 6:00pm
Key	Free Meditation Satsang Sunday 6:00pm	~ drop in ~ Open to all Level Students	~ pre-registered students must register in advance, no drop-ins.	<i>Drop-in fees : \$10 @ lunch &amp; \$14 in Morning and Evening</i>			

**MORE DETAILS ABOUT ALL COURSES CAN BE FOUND ONLINE: [www.shantiyogayukon.ca](http://www.shantiyogayukon.ca), or call us 456-7123 Visit [www.sabuyoga.com](http://www.sabuyoga.com) to register for your Intensive.**