

Shanti Yoga Drop-in Schedule November 2011

303 Hawkins Street, phone: 456-7123 web: www.shantiyogayukon.ca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15-8:00am	Level 2 Intensive <i>Sabu</i>	Level 2 Intensive <i>Sabu</i>	Level 2 Intensive <i>Sabu</i>	Level 2 Intensive <i>Sabu</i>	Level 2 Intensive <i>Sabu</i>		
6:30 -8:00am	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels		
10:00-11:30am						All Levels <i>Sabu</i>	
12:15-1:00pm	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels		
5:15-7:00pm	Level 1 Intensive <i>Sabu</i>	Level 1 Intensive <i>Sabu</i>	Level 1 Intensive <i>Sabu</i>	Level 1 Intensive <i>Sabu</i>	Level 1 Intensive <i>Sabu</i>		
5:30-7:00pm	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels	Drop-in All Levels		Meditation Satsang 6:00pm

Key	~ drop in ~ Open to all Level Students	~ pre-registered students must register in advance, no dropins.	<i>Drop-in fees : \$10 @ lunch & \$14 in Morning and Evening</i>
-----	--	---	--

MORE DETAILS ABOUT ALL COURSES CAN BE FOUND ONLINE: www.shantiyogayukon.ca, or call us 456-7123 to Visit www.sabuyoga.com to register for your Intensive.